



**Chinese American Parents
Association of Northern Virginia**



OUR WORLD



EXECUTIVE SUMMARY

CAPA NoVA, a 501(c)(3) all-volunteer organization, incorporated in the Commonwealth of Virginia, is dedicated to uniting, empowering, and advancing Chinese Americans and the broader community. Our mission revolves around fostering community relationships, promoting education and continuous learning, and advocating for equal rights and opportunities across all fronts.

道义驱使，远星逐日
兴教为本，共建社区
素无旁贷，各尽其能
聚在四方，同心共荣

BOARD OF DIRECTORS

President: Yuyan Zhou

Vice President: Jay Song, Jun Wang

Executive Team/Treasurer: Mike Nie, Nina Huang, Ian Zhang, Helen Lai

Public Relation: Tian Olson, Yan Han

Advocacy Team: Alice Guo, Hanning Chen

Branding Team: Tracy Zhang, Tim Zhao

Education Team: Xi Su, Julia Guo, Ya He

Community Team: Jennifer Xu, Lan Yue, Ke Wen

IT Team: Ping Ning, Haiyi Tu, Jing Bai

Member Support: Catherine Li, Jenny Han, Haley Huang

Cord Team Members: Long Chen, Selina Wu, Kevin Cao, Linda Cai, Xiaoyan Deng, Qiang Zhang, Stan Niu, Julia Guo, Yanxiao Xie, Andy Wang, Kuan Zhang

PRESIDENT'S MESSAGE



As CAPA NoVA completes its third year, I took a moment to reflect on our remarkable journey, filled with gratitude. 2023 stands out as CAPA NoVA's busiest year, marked by a threefold increase in free webinars, totaling 226 sessions as of November 18, 2023. We welcomed more than 200 grade school students to engage in our book club, public speaking competitions, art exhibitions, and participating in various community events. Our network of community partners expanded, reinforcing our advocacy for Chinese American interests. State-level recognitions underscored our societal contributions.

I am immensely proud of our achievements, made possible by our members' trust, unwavering community support, generous business partners, and the amazing dedication of our core team volunteers.

As we approach the festive season, I extend wishes for joy and happiness to each of you. Looking ahead, let's commit to even stronger unity in the coming year. Together, we can navigate all challenges as a cohesive force and continue to thrive. CAPA NoVA is truly blessed, and none of this success would be possible without your support and trust.

A handwritten signature in black ink that reads 'Yuyan Zhou'.

Yuyan Zhou

CURRENT PROGRAMS

Education Program

Our education program has several components aiming to teach participants skills and build knowledge that improve health, enhance personal growth, and foster a supportive environment for our members.

- ✧ Book Club: Meet monthly to discuss carefully selected literature supporting personal growth
- ✧ Financial Literacy: build skills and knowledge to manage financial resources effectively
- ✧ Public Speaking: weekly Speak to Lead meetings for adults, and Speaking with Impact for youth
- ✧ Mental Health & Family Relationship: learning sessions led by mental health professionals
- ✧ Special Speaker Series: learn from community and government leaders on important topics

Policy Advocacy

We actively involve community members and policymakers in championing academic-focused and merit-based education policies, striving to illuminate the rich tapestry of Asian American history within K-12 education curricula, dismantling biased education policies that disproportionately impact Asian American students, advocating for fairness and equal opportunities in the learning landscape. In our pursuit of educational equity, we leverage our collective voice to engage with policymakers, fostering an environment conducive to positive change. Additionally, we are committed to increasing Chinese Americans' participation in public elections, as voters, volunteers, and candidates.

Community Building

Committed to the vision of fostering a collaborative and supportive community, CAPA-NoVA stands at the forefront of building meaningful connections among Chinese Americans in Northern Virginia. Our mission extends beyond the boundaries of cultural differences, as we actively work to bridge any gaps between our community and the larger community, promoting mutual understanding and appreciation. At the heart of our efforts are the dedicated volunteers who have generously contributed thousands of hours to deliver impactful classes. These classes serve as a conduit for knowledge exchange and skill development, contributing to the enrichment of individuals within our community. CAPA-NoVA also actively engages in local community volunteering services. These initiatives not only strengthen our ties within the community but also reflect our commitment to being active contributors to the greater societal good.

FUTURE PROGRAMS

Community Support: We aim to offer complimentary assistance to our community members in various crucial areas, including immigration filing, home and car purchases, accounting, nutrition, fitness, therapy, alternative medicine, and more. This endeavor will be realized through strategic collaborations with local small businesses, creating a network of support services that cater to the diverse needs of our community.

Youth Education: We plan to establish a comprehensive program for K-12 students, rooted in classical traditions and encompassing essential elements such as humanity, history, aesthetics, virtues, and physical education. This holistic approach aims to serve as the foundation for education, fostering character development and providing valuable guidance for life planning.

Youth Internship & Employment: We will kick start a high school shadowing program and provide diverse internship opportunities across various industries. Additionally, we aim to facilitate career introductions and support individuals in pursuing certification exams for professional growth.

STORIES OF THE YEAR



On June 29, 2023, the U.S. Supreme Court struck down affirmative action in its landmark rulings on the lawsuits filed by Students for Fair Admissions (SFFA) against Harvard University and the University of North Carolina at Chapel Hill (UNC), rejecting the use of race as a factor in college admissions as a violation of the 14th Amendment's Equal Protection Clause.

For decades, race-based affirmative action implemented at Harvard and other selective colleges nationwide has caused tremendous harm to Asian Americans. Their admission criteria unfairly discriminated against Asian American students with a "racial penalty" – holding Asian American students to a selectively higher standard than other racial minority students. Now, the justices of the U.S. Supreme Court have finally provided equal protection of the laws to our communities.

CAPA NoVA partnered with the Asian American Coalition for Education (AACE) and organized a rally in front of the U.S. Supreme Court. AACE President Yukong Zhao delivered a passionate speech welcoming this historic ruling. Members of CAPA NoVA's core team and AACE leadership, joined by hundreds of supporters to celebrate this long-overdue victory.

A Vote for A Change



On October 6, 2023, CAPA NoVA hosted a debate for the candidates seeking the Dranesville District seat on the Fairfax County School Board: Republican-endorsed Paul Bartkowski and Democrat-endorsed Robyn Lady. CAPA NoVA's Alice Guo moderated this debate at the McLean Community Center.

CAPA NoVA and its members have been relentlessly advocating for merit-based education policies, unbiased treatment of Asian students, removal of political indoctrination from classrooms, and the elimination of politically charged school policies in our public school systems. This year marks the election for the Fairfax County School Board. Disappointed by the many harmful policies set by the current board, CAPA NoVA decided to provide its members and the public an opportunity to better understand the candidates' positions so that they could make well-informed decisions at the poll.

Over 200 people attended this event. The candidates engaged in a lively discussion on issues our community cares about. One of CAPA NoVA's missions is to encourage more Chinese Americans to vote in public elections so that our voices can be heard and our interests can be presented. We hope this event helped more Chinese Americans realize the importance of voting.

Youth Book Club

In 2023, CAPA-NoVA's Youth Book Club organized over 10 engaging book discussion sessions, led by dedicated student volunteers. They curated a diverse selection of thought-provoking books spanning

various genres, presenting our community with literary gems such as the philosophical journey of "Phaedo," the poignant narrative of "The Girl Who Smiled Beads," the inspiring tale of "Restart," and the enchanting wizardry of the timeless "Harry Potter" series, among others.

Our Youth Book Club aspires to cultivate a love for reading, instill critical thinking skills, nurture confident presentation abilities, and foster outspoken leadership qualities among the young minds in our community. Through these captivating book discussions, we aim to unlock the intellectual curiosity within each participant, encouraging them to explore different perspectives and broaden their horizons. Through the pages of compelling books, we continue to sow the seeds of knowledge, fostering a community of young readers who are not just consumers of literature but active participants in shaping a brighter and more enlightened future.

A Heritage Saved - China Folk House



On October 28, 2028, CAPA NoVA led 40 parents and students to volunteer at the China Folk House in Harpers Ferry, WV. The China Folk House was a farmhouse located in a rural village in Yunnan Province, China. It was beautifully built by local artisans following the traditional layout, materials, methods, and ornamentation of houses in the region going back centuries. To preserve this house, Dr. John Flower and Dr. Pamela Leonard

disassembled the house, transported all materials to the U.S., and rebuilt it in WV.

This event served as an educational opportunity for second-generation Chinese Americans to connect with their heritage. Students gained valuable insights into the historical context of the house, including its relocation from China. This event also provided a unique opportunity for participants to explore the distinctive features of ancient Chinese architectural structures.

The intersection of volunteerism, cultural education, and community engagement marked this occasion as a significant step in fostering a sense of responsibility and cultural awareness among the young participants.

Financial Literacy Series

In 2023, CAPA-NoVA unveiled the Weekly Financial Literacy Series—a thoughtfully curated program featuring a spectrum of seminars focused on financial planning and tax strategy. This series delves into topics such as family tax, retirement planning, college education, and small business tax savings.

Our mission is to empower both the younger generation and adults with essential knowledge in financial literacy, business acumen, and tax strategies. Through these seminars, participants gain invaluable insights into navigating the complex terrain of personal and professional finances. CAPA-NoVA is dedicated to creating a platform that fosters financial empowerment, nurturing a community well-versed in making informed financial decisions.

RECOGNITIONS



COMMONWEALTH of VIRGINIA

Office of the Governor



Dear Members, Parents and Families,

On behalf of the Commonwealth of Virginia, it is a pleasure to welcome you to the Chinese-American Parents Association of Northern Virginia's annual "Rising Visionaries" Youth Artists Awards.

This ceremony is a wonderful opportunity to recognize the young artists who have committed themselves to making meaningful contributions to society through their artistic skills. Developed with Smart Art Studio, this event represents the first step of an innovative year-long effort in which students will both create art projects and work with the local community and various charities.

Artists, as you pursue your passions, develop your talent, and dedicate yourself to service, you prepare yourselves to become future leaders. Commit yourselves to excellence because the Commonwealth of Virginia needs your unique contributions!

The First Lady and I send our best wishes for a successful and inspiring evening. We look forward to hearing of all the ways these "rising visionaries" will strengthen the Spirit of Virginia in the years to come.

Sincerely,

A handwritten signature in blue ink that reads "Glenn Youngkin".

Glenn Youngkin





COMMONWEALTH of VIRGINIA

DEPARTMENT OF EDUCATION
P.O. BOX 2120
RICHMOND, VA 23218-2120



Lisa Coons, Ed.D.
Superintendent of Public Instruction

Yuyan Zhou, President
Chinese-American Parents Association of Northern Virginia

Ms. Zhou:

The Virginia Department of Education recognizes the work that the Chinese-American Parents Association of Northern Virginia (CAPA-NoVa) has undertaken to promote inspiration and expression of citizenship through the arts by young Chinese-American students. The effort to provide this year-long opportunity to Virginia students, in collaboration with Smart Art Studio, is impressive!

We were honored to celebrate the students last year at Student Art Exhibition held at the Chinese American Museum. The Department again wishes to commend the work of CAPA-NoVA and Smart Art Studio to elevate the students' art, and to acknowledge their innovation in the development of products from their art to donate 100% of their profit to charities, at the forthcoming "Rising Visionaries Annual Youth Artist Awards" ceremony at the Kennedy Center on June 4, 2023.

To the students, we congratulate your commitment to expressing your artistic endeavors in connection developing a heart for leadership and service. Using your passion for art in a meaningful way that supports charity and serves others is an exemplary demonstration of building yourselves as engaged citizens, lifting the importance of the arts, and contributing positively to your communities in Virginia and beyond!

Sincerely,

Lisa Coons Digitally signed by Lisa Coons
Date: 2023.05.23 22:09:20 -0400

Lisa Coons



COMMONWEALTH of VIRGINIA

Office of the Attorney General



Jason S. Miyares
Attorney General

Dear SMART Education and Chinese American Parents Association of Northern Virginia,

It is with great joy I recognize The Young Artists' Award Ceremony. I am delighted this event serves to inspire young individuals to contribute to society through art.

Teaching children about the importance of being a contributing member of society is imperative. This unique initiative not only promotes service to their community, but allows them to do so in a way that speaks to them. As a father to three daughters, I appreciate the role art plays in their lives. It allows them to express themselves and their thoughts on society. I find it touching that the artists will have the opportunity to donate their artwork to support those in need.

Giving children a platform to showcase their talent and creativity is invaluable. Although I am not in attendance, I am celebrating these young artists along with you all. It is truly an honor to serve you as Attorney General of Virginia.

Sincerely,

A handwritten signature in blue ink, which appears to read "Jason Miyares".

Jason S. Miyares

2023 ADVOCACY WINS

We earned a seat at:

- ✿ VA Asian Advisory Board
- ✿ VA Department of Education Chronic Absenteeism Task Force
- ✿ VA Department of Education HB938 Workgroup

We were invited to review and comment on the following standards prior to publication:

- ✿ VA Math Standards of Learning
- ✿ VA History and Social Science Standards of Learning

PATRON & DONOR LIST

Business Donors:



The Yu Family Foundation

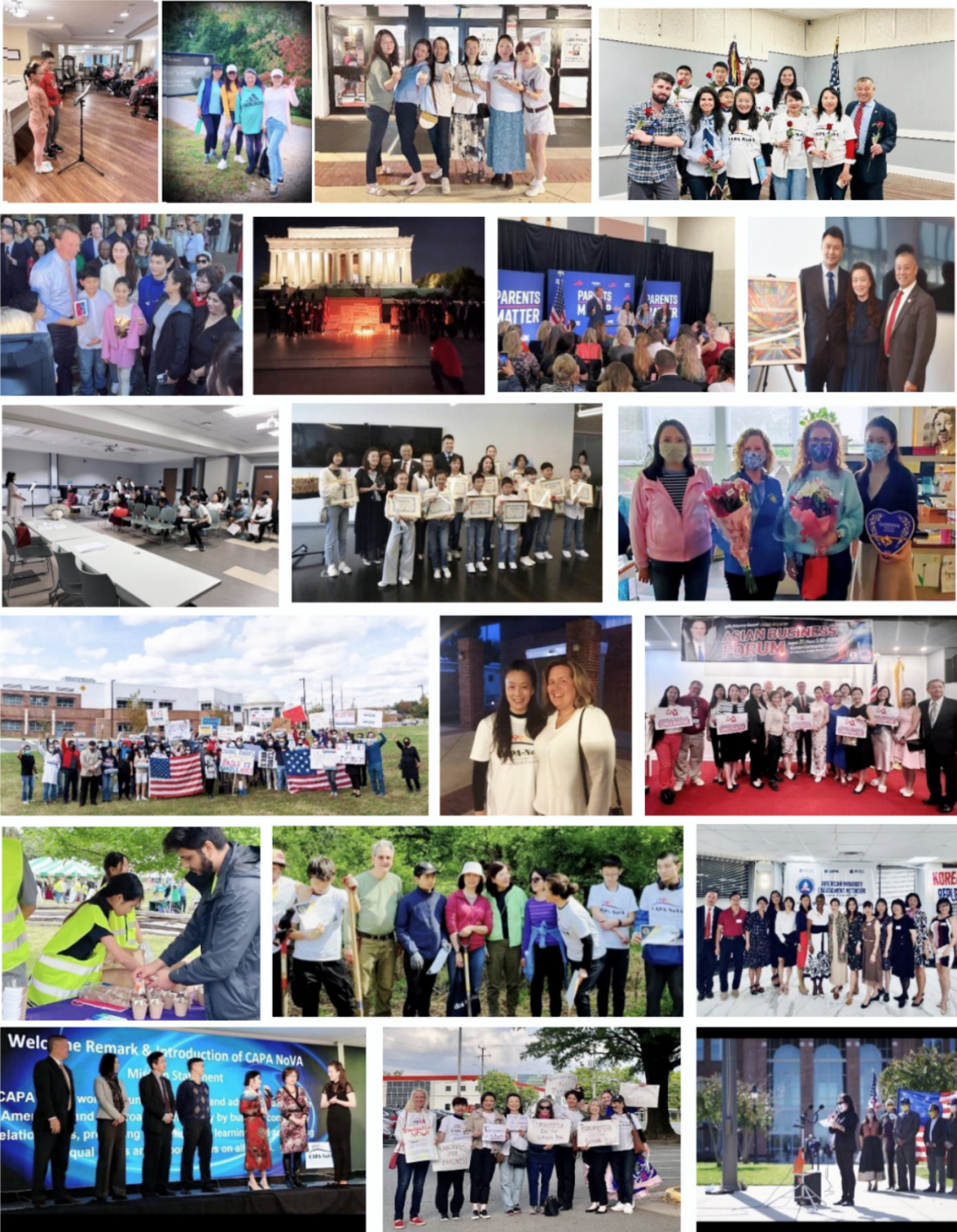
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- | | | |
|------------------|-------------|-----------|
| Jenny Han | James Deng | Tony Yeh |
| George Yu | Yu-Hsien Wu | Zihui Gao |
| Feng Lilly Cheng | | |



PICTURES OF THE YEARS



Programs and Events Since Inception (Selected)

Category	Key Programs and Events Topic	Date	Category	Key Programs and Events Topic	Date
Education	Book Club: Decisive Moments in History	Jan/2022	Community	How to Prepare an Emergency Kit	Mar/2023
Education	Chinese Culture: Clothing, Food, Housing and Travel	Jan/2022	Education	Chinese Four Seasons and 24 Solar Terms	Mar/2023
Community	孙子兵法第一讲(论兵)(Sun Tzu's Art of War Lecture I (I	Jan/2022	Education	点燃孩子的自驱力	Mar/2023
Education	The Greatest Minds and Ideas of All Time	Jan/2022	Education	金南彪	Mar/2023
Community	孙子兵法第二讲(Sun Tzu's Art of War Lecture II: Youth S	Feb/2022	Education	Ancient Greek Philosopher Plato	Mar/2023
Community	围炉夜话--了解失眠, 帮助家长和孩子有高质量的睡眠(I	Feb/2022	Advocacy	Free Tax Consultation for Tax Return Filing	Mar/2023
Education	Book Club: 13 Things Mentally Strong People Don't Do.	Feb/2022	Education	中国的文化	Apr/2023
Advocacy	Art Talk 我们的生活, 我们的故事(Our life; our story)	Feb/2022	Education	介绍美国著名私校-BASIS INDEPENDENT SCHOOL	Apr/2023
Education	Classical Education 经典教育 守护教育的初心(Safeguard	Mar/2022	Advocacy	The Banking Crisis and How to Preserve Our Wealth?	Apr/2023
Education	Chess & STEAM Enrichment for Gifted Youth	Mar/2022	Advocacy	Northern VA Real Estate Tax Trends and Planning Tips	Apr/2023
Education	CAPA-NOVA Youth Book Club [4] Prepared	Mar/2022	Education	STEM, STEAM, or STREAM? How to nurture gifted youth?	Apr/2023
Education	CAPA Workshop - Tax Deadline: How to file taxes	Apr/2022	Education	曹竹学院少年读书-拍拉图	Apr/2023
Advocacy	知权、行权、维权--美国华人维权概述(Know the power,	Apr/2022	Education	人类之最-亚里士多德	Apr/2023
Community	Branch Out! A Youth Community Outreach Program	Apr/2022	Education	THE ALMANACK OF NAVAL RAVIKANT	Apr/2023
Advocacy	Protect Your Right by Litigation 通过诉讼保护您的权力	Apr/2022	Education	Road to the US Military Service Academies	May/2023
Education	Tax Smart Planning 税务筹划系列讲座(How to invest in big	Apr/2022	Education	中国的文化-地理与建筑	May/2023
Advocacy	停止针对亚裔的大学录取歧视--教育维权讲座(Stop unis	Apr/2022	Advocacy	Tax planning strategies if your loved ones get laid off by IT gi	May/2023
Community	Public Service Community Building-- Gary Pan & Lily Qi	Apr/2022	Community	共话桑麻-暑期教育中的所见所闻与领悟反思	May/2023
Community	Emotional Management 情绪管理	Apr/2022	Community	培养孩子的创造力和信心, 从网站设计开始	May/2023
Advocacy	维权索赔中的取证技术(王福为例)(Forensic techniques	May/2022	Community	带你看世界-越南	May/2023
Education	破译者哲学-Stories of the Past and Present and Vision of the	May/2022	Education	读书会-蔡多篇	May/2023
Advocacy	有效沟通技巧 - A Secret Method for Effective Communicatio	Jun/2022	Education	人类之最-弗朗西斯培根	Jun/2023
Education	Book Club: JOHN POMFRET 美丽之邦与中央王国(The Be	Jun/2022	Advocacy	怎样买高性价比的汽车保险	Jun/2023
Education	无独有偶-从家族史到《红楼梦》中国女性挣脱枷锁的百	Jun/2022	Community	Audit FCPS	Jun/2023
Education	美国遗产规划那些事 Estate & Gift Planning That You Sho	Jun/2022	Education	中国文化-人文与礼仪	Jun/2023
Education	Youth Book Club - TALES of the PECULIAR	Jun/2022	Advocacy	Tax Planning & Real Estate Investment Near College Campus	Jun/2023
Education	Smart Finance Youth Program I	Jul/2022	Community	健身入门秘籍	Jun/2023
Advocacy	震荡的市场, 投资什么更安全又有增长潜力?(Turbulen	Jul/2022	Advocacy	Ten Tax Tips To Retire Tax Free	Jun/2023
Education	Youth Book Club - Harry Potter and SORCERER'S STONE	Jul/2022	Education	读书会-萨提亚的对话练习	Jun/2023
Education	人的七张面孔-人际关系背后的心理奥秘(The Seven Faces	Jul/2022	Education	读书会-The Hunt for Red October	Jun/2023
Education	You Can Make Books live Again	Jul/2022	Education	人类之最-尼古拉哥白尼	Jun/2023
Community	【健康小课堂】学会喝水-再轻松-褥下去(Health style wo	Aug/2022	Advocacy	ChatGPT AI Application	Jun/2023
Education	Book Club: LOST HORIZON (消失的地平线)	Aug/2022	Community	如何与青春期孩子相处	Jul/2023
Community	How to Save For College with Real Estate Investing?	Aug/2022	Community	All About Cyber Security	Jul/2023
Advocacy	Critical Race Theory and Woke Culture- America's Dangero	Aug/2022	Education	中国的文化-和而不同	Jul/2023
Education	Youth Book Club - JOHN STEINBECK "The Pearl"	Aug/2022	Advocacy	All About Medical Professional	Jul/2023
Education	Ten Things You Need to Know About Student Loan Debt Forg	Sep/2022	Community	Public Speaking for Parents	Jul/2023
Education	认识《圣经》文学 How To Read The Bible As Literature	Sep/2022	Community	华严精舍-介绍华严精舍和佛法感悟	Jul/2023
Education	How to optimize your Financial info to maximize your FAFSA	Sep/2022	Advocacy	Case Study - Financial Planning	Jul/2023
Advocacy	How Parent Advocacy Influences Education Policies	Sep/2022	Community	Career Guidance - Data Analyst	Jul/2023
Education	The New Silk Roads - The New Asia And The Renaking OF I	Sep/2022	Community	华府人物访谈- Julie Yang	Jul/2023
Education	5 Tax Strategies for Homeschooling Families	Sep/2022	Education	Reading Club - The Alchemist	Jul/2023
Advocacy	浅谈国际生赴美学习途径(About the way for international s	Oct/2022	Education	人类之最-托马斯阿奎那	Jul/2023
Community	WHOLE Life Insurance - Why whole life insurance is the roc	Oct/2022	Education	读书会-论语	Jul/2023
Community	Mental State Management	Oct/2022	Advocacy	Career Potential as Real Estate Agent and IRS Enrolled Agen	Aug/2023
Education	Book Club "Talk So Kids Will Listen and Listen So Kids Will	Oct/2022	Education	The Write Path to Yale: Nurturing Writing Skills since Earl	Aug/2023
Education	Interview for Dr. Julia	Oct/2022	Advocacy	Can Whole Life Insurance Strategy Make Your Child An Aut	Aug/2023
Education	Conversation with Karina Lipman Education	Nov/2022	Education	中国的文化-君子之学	Aug/2023
Community	Ten tax code goldpots that we should spot	Nov/2022	Advocacy	Ten strategies to maximize the HSA for my 18-26 year old Ch	Aug/2023
Education	The Art of War	Nov/2022	Advocacy	Smart Life - Business case competition 2023 summer final pr	Aug/2023
Community	Let's talk about Rachel Liu	Nov/2022	Advocacy	Care Matters & Care Together	Aug/2023
Community	Youth Anxiety Control before Exams	Nov/2022	Education	Reading Club - The Girl Who Smiled Beads	Aug/2023
Education	Youth Entrepreneurship Club	Nov/2022	Advocacy	All About Business Analysts	Aug/2023
Community	Family Foundation and Tax Planning	Dec/2022	Community	My memories became the best part of me	Aug/2023
Community	Financial Wealth Planning	Dec/2022	Community	Secrets of the Breath Introduction of The Art of Living	Aug/2023
Community	Ten things to do before tax year end	Dec/2022	Education	读书会-边城	Aug/2023
Community	Learn to talk to yours elf kindly	Dec/2022	Community	跳出健康新手如何正确开始	Sep/2023
Education	The future ten years	Dec/2022	Education	中国文化-道法自然	Sep/2023
Education	Decisive Moments in History	Jan/2023	Education	变身英雄	Sep/2023
Education	Chinese Culture: Clothing, Food, Housing and Travel	Jan/2023	Advocacy	Energy Tax Credits for Home and Cars	Sep/2023
Community	Financial Planning	Jan/2023	Education	The Fabric of Reality - 最新的科学怎么看见世界	Sep/2023
Advocacy	Financial Planning	Jan/2023	Education	人类之最-达尔文	Sep/2023
Education	The Greatest Minds and Ideas of All Time	Jan/2023	Community	暴力侵害妇女保护法	Sep/2023
Education	A Sand County Almanac	Feb/2023	Community	20231006 FCPS Dranesville District school board candidates	Oct/2023
Community	Dating Safety and Self Protection	Feb/2023	Education	中国文化-仁者爱人	Oct/2023
Education	Experience and Reflection in Education	Feb/2023	Community	谈谈抑郁症的识别, 应对和预防	Oct/2023
Education	Chinese Characters	Feb/2023	Advocacy	美国税法不公正应该如何应对?	Oct/2023
Education	How to Start Homeschooling in VA	Feb/2023	Community	美国税法不公正应该如何应对	Oct/2023
Education	Confucius	Feb/2023	Community	保护令是如何保护家暴受害者的?	Oct/2023
Advocacy	SECURE ACT 2.0 & Tax Planning	Feb/2023	Education	人类之最-伊曼努尔康德	Oct/2023
Education	Accept Yourself	Feb/2023	Education	读书会-文革受难者	Oct/2023
Education	The Wild Robot by Peter Brown	Mar/2023			